



# Virtual Education Programs

## April and May

### APRIL WEBINARS

- **Understanding Alzheimer's and Dementia**  
Tuesday, April 7 at 1:00 p.m.
- **10 Warning Signs of Alzheimer's**  
Monday, April 13 at 11:00 a.m.
- **Dementia Conversations**  
Wednesday, April 15 at 11:00 a.m.
- **Effective Communication Strategies**  
Friday, April 17 at 12:00 p.m.
- **Understanding and Responding to Dementia Related Behavior**  
Monday, April 20 at 2:00 p.m.
- **Understanding Alzheimer's and Dementia**  
Tuesday, April 21 at 1:00 p.m.
- **Effective Communication Strategies**  
Thursday, April 23 at 3:00 p.m.
- **Healthy Living for Your Brain and Body: Tips from the Latest Research**  
Tuesday, April 28 at 1:00 p.m.
- **Understanding and Responding to Dementia Related Behavior**  
Thursday, April 30 at 3:00 p.m.

### MAY WEBINARS

- **10 Warning Signs of Alzheimer's**  
Monday, May 4 at 4:00 p.m.
- **Healthy Living for Your Brain and Body: Tips from the Latest Research**  
Wednesday, May 6 at 12:00 p.m.
- **Effective Communication Strategies**  
Thursday, May 7 at 4:00 p.m.
- **10 Warning Signs of Alzheimer's**  
Monday, May 11 at 10:00 a.m.
- **Dementia Conversations**  
Wednesday, May 13 at 10:00 a.m.
- **Understanding Alzheimer's and Dementia**  
Friday, May 15 at 10:00 a.m.

### REGISTRATION

**CALL: 800.272.3900**

**VISIT: <https://alz.org/cleveland/events>**  
then scroll down and click on  
"Educational Programs"

Once registered, you will be emailed a link to the webinar.

Webinars are FREE but registration is required.

## Caregiver Support Group Meetings

**In response to COVID-19 ALL groups are being conducted at their regularly scheduled date by PHONE.  
Registration is required by calling our 24/7 Helpline (800.272.3900).**

Name	Day/Time	Address	Other information
<b>Alzheimer's Support Groups- Ashtabula</b>			
Ashtabula Evening	3rd Thur. 6:30 pm - 8:00 pm	Ashtabula Cty. District Library 4335 Park Avenue	
<b>Alzheimer's Support Groups- Cuyahoga</b>			
Beachwood Evening	2nd Thur. 6:30 pm - 8:00 pm	Church of the Good Shepard 23599 Cedar Road	
Broadview Heights Afternoon	1st Thur. 3:00 pm - 4:30 pm	Broadview Hts. Recreation Center 9543 Broadview Road	
Chagrin Falls Evening	4th Tues. 6:30 pm - 8:00 pm	Federated Church 76 Bell Street	Lounge Room (1st FLR)
Cleveland Evening	4th Thur. 7:00 pm - 8:30 pm	Olivet Institutional Baptist Church 8712-14 Quincy Avenue	Spiritually Based
Mayfield Afternoon	2nd Wed. 2:00 pm - 3:30 pm	Mayfield Public Library 500 SOM Center Road	
Mayfield Evening	2nd Wed. 6:30 pm - 8:00 pm	Mayfield Public Library 500 SOM Center Road	
North Olmsted Afternoon	3rd Thur. 1:30 pm - 3:00 pm	North Olmsted Public Library 27403 Lorain Road	
Parma Afternoon	2nd Friday 1:30 pm - 3:00 pm	UH Parma Health Education Center 7300 State Road	Room 10
Parma Evening 1	1st Tues. 7:00 pm - 8:30 pm	UH Parma Health Education Center 7300 State Road	Room 26
Parma Evening 2	3rd Mon. 7:00 pm - 8:30 pm	Cuyahoga Cty. Parma Public Library 6996 Powers Blvd.	
Rocky River Afternoon	Last Thur. 1:30 pm - 3:00 pm	The Wellness Center 3035 Wooster Road	Room 100
S. Euclid / Lyndhurst Evening	3rd Tues. 6:30 pm - 8:00 pm	S. Euclid / Lyndhurst Public Library 1876 South Green Road	Adult Children Support Group
Solon Afternoon	2nd Wed. 1:00 pm - 2:30 pm	Solon Senior Center 35000 Portz Parkway	
Westlake Evening	2nd Thur. 7:00 pm - 8:30 pm	Dover Congregational UCC 2239 Dover Center Road	Parlor Room
Westlake Adult Children 1	2nd Mon. 6:30 pm - 8:00 pm	Westlake Porter Public Library 27333 Center Ridge Road	Adult Children Support Group
Westlake Adult Children 2	Last Mon. 6:30 pm - 8:00 pm	Westlake Porter Public Library 27333 Center Ridge Road	Adult Children Support Group

Name	Day/Time	Address	Other information
<b>Alzheimer's Support Groups-Geauga</b>			
Newbury Morning	2nd Sat. 9:00 am - 10:30 am	St. Helen Catholic Church 12060 Kinsman Road	Spiritually Based Teachers' Lounge
Chardon Evening	3rd Wed. 6:30 pm - 8:00 pm	The Church of St. Mary 401 North Street	
<b>Alzheimer's Support Groups-Lake</b>			
Madison Evening	1st Thur. 6:30 pm - 8:00 pm	Madison Public Library 6111 Middle Ridge Road	
Mentor Afternoon 1	2nd Thur. 1:00 pm - 2:30 pm	Mentor Senior Center 8484 Munson Road	
Mentor Afternoon 2	Last Thur. 1:00 pm - 2:30 pm	Mentor Senior Center 8484 Munson Road	
Mentor Evening	4th Mon. 6:30 pm - 8:00 pm	Brookdale at Mentor 5700 Emerald Court	Activities Room (2nd Floor)
Painesville Morning	4th Tues. 10:00 am - 11:30 am	Painesville United Methodist Church 71 North Park Place	
Willoughby Afternoon	3rd Wed. 1:30 pm - 3:00 pm	David E. Anderson Willoughby Senior Center 36939 Ridge Road	
<b>Alzheimer's Support Groups-Lorain</b>			
Amherst Evening	3rd Wed. 6:30 pm - 8:00 pm	Amherst Public Library 221 Spring Street	
Avon Evening	1st Wed. 6:30 pm - 8:00 pm	Alzheimer's Assoc. - Western Office 37309 Harvest Drive	
Elyria CCF Evening	2nd Mon. 6:30 pm - 8:00 pm	CCF Family Health Center 303 Chestnut Commons Drive	
Grafton Evening	3rd Mon. 6:30 pm - 8:00 pm	Grafton United Methodist Church 973 Mechanic Street	
Oberlin Afternoon	4th Tues. 2:00 pm - 3:30 pm	First Church 106 North Main Street	
Vermilion Afternoon	3rd Tues. 12:30 pm - 2:00 pm	Lakeview Baptist Church 591 Ferndale Avenue	Care for Loved Ones
Wellington Afternoon	1st Mon. 12:30 pm - 2:00 pm	New Life Assembly of God 108 West Street	Care for Loved Ones
<b>Alzheimer's Support Groups-Specialty</b>			
Frontotemporal Degenerative (FTD)	2nd Sat. 1:30 pm - 3:00 pm	Alzheimer's Assoc. - Central Office 23215 Commerce Park Ste. 300	FTD Group
Lewy Body Dementia Afternoon	2nd Thur. 1:30 pm - 3:30 pm	Cleveland Clinic Admin. Campus 25875 Science Pk. Dr. Bldg. 1 AC1-4-10	Free Parking Bldg. 1 Lot
Circle of Support	Every 6 weeks, 6:00 pm - 7:30 pm 800-272-3900 / 216-447-8763	Upside of Downs 6533-B Brecksville Road, Independence	Down Syndrome / Alzheimer's diagnosis