

CARE Program

CARE (Communities Assisting Residential Elders) receives Cuyahoga County Department of Senior and Adult Services (DSAS) Senior Center Innovation Grant to launch new program in 2017! A collaborative effort of representatives from Cleveland Heights, Maple Heights, Solon and the CPA communities of Highland Heights, Lyndhurst, Mayfield Heights, Mayfield Village and South Euclid has led to the development of the CARE Program. The program is designed to improve the safety of older adult residents from the eight communities, by providing access to home maintenance services both inside and outside the home, minor home repairs, as well as home safety guidance. The collaborative was selected as one of the two innovative collaboratives awarded a second round of funding through the Senior Center Innovation Grant by the Cuyahoga County Division of Senior and Adult Services through the Health & Human Services Levy, which provided the initial planning funds.

Residents of the eight participating communities will be able to apply for membership in this program, which emphasizes safety and independence for older adults within their home and is slated to begin in 2017.



CARE Lead Volunteer Position

The CARE Program is a collaborative project among the cities of Cleveland Heights, Highland Heights, Lyndhurst, Maple Heights, Mayfield Heights, Mayfield Village, Solon and South Euclid. The goal of the program is to help the older adults in these eight communities stay safe and independent in their homes for as long as possible. This will be accomplished through the coordination and completion of services in and around the home including minor home repairs, organizational tasks, and seasonal and cleaning based tasks that support aging in place.

Position Title: CARE Program Lead Volunteer

Position Description: The Lead Volunteer is an unpaid position that will work with the CARE Program Coordinator and staff in order to assist with volunteer training and project coordination. Applicants should have a passion for working with older adults and be able to

work well as a member of a team. Some clerical duties will also be necessary, however; training will be provided for those tasks. *Position may include background check*

Qualifications: Experience with planning and organizing projects.

- Strong written and verbal communication skills.
- Can work individually or with others in an office environment.
- Enjoys working with seniors.
- Has a computer that can be used to read and respond to emails.
- Must have and be able to use a cell phone for communicating outside of email.

Hours: 5-10 hours per week

Reports to: CARE Program Coordinator

Start Date: ASAP

To apply: Email resume to mcquaideb@communitypartnershiponaging.org

Or mail resume to: CARE Program
c/o Bridget McQuaide
1370 Victory Drive
South Euclid, OH 44121

Volunteers of all ages are needed in April and May to help with our **annual spring yard cleanup** project. Individuals and groups (including families) spend just a few hours sprucing up the yards of our older adults. All you need is a rake and a trash bag!

Applications for **major summer repair projects** conducted by volunteers will be available through our South Euclid office beginning on **March 1**. The deadline for submission will be April 15.

For more information about any of these items, please call Corinne Dunn, CPA Volunteer Coordinator, at 216-291-3902.

Community Partnership on Aging has been selected to be a permanent host delivery site for a program offered by the **Greater Cleveland Foodbank** and the Ohio Department of Jobs and Family Services. The **Commodity Supplemental Food Program (CSFP)** requires that all recipients meet the following criteria in order to be eligible for the program:

- Age 60 and older
- 130% of poverty or lower (Single person: \$1276/mo, Couple: \$1726/mo)

Additionally, recipients must reside in one of the following CPA communities: Mayfield Village, South Euclid, Lyndhurst, Highland Heights, and Mayfield Heights or must be a regular program participant with CPA over the past 12 months.

If you are eligible and would like to apply, please pick up an application at the CPA main office at South Euclid Community Center, 1370 Victory Dr.

*The number of boxes available each month is limited to 53.

**Boxes include 30-40 # of shelf stable dry and canned goods as well as cheese and produce
Call 216-291-3902 with questions

Fresh Goods to Go

Fresh Goods to Go is available to income-eligible older adults age 60+ residing in Mayfield Village, Mayfield Heights, Highland Heights, Lyndhurst and South Euclid, and is made possible through a partnership with the Greater Cleveland Food Bank, along with a dedicated group of volunteers who help carry the program out each month! Distribution takes place every third Thursday at South Euclid Community Center, 1370 Victory Dr., with reservations required by the Wednesday of the week prior (for example, May 11 for May 19 distribution). Call 216-650-4029 or stop in to see CPA staff at any lunch location to make a reservation or to find out if you are eligible.

****Mark the Date!**** On Tuesday, **April 4**, you are invited to attend the latest presentation sponsored by CPA's volunteer diversity committee. It will take place at the Lyndhurst Community Center beginning at 12:30 PM. Focusing on the Northern Ohio Islamic Community, this event has been months in the making! We are thrilled to welcome a guest speaker plus special exhibits and even food tasting. We also hope to incorporate a group activity focusing on our own experiences with religious discrimination. To sign up, **please call our main office at 216-291-3902.**

AARP Driver's Safety classes - Brush up on your driving skills!

Wednesday, April 19, 10:30-3:00 (arrive at 10:00)

MH DeJohn Community Center, 6306 Mayfield Rd., Mayfield Heights

Fee: \$15 AARP members/\$20 for non-members.

Registration required; call 216-650-4029. Ask about lunch options!

The CPA Pasta Dinner is back!

Thursday, April 20 at 6:00 PM

South Euclid Community Center - 1370 Victory Dr. in South Euclid

Tickets are \$10 per person and are available through any CPA Lunch or Program staff and in our South Euclid and Lyndhurst offices.

Any net proceeds from this event will benefit CPA programs and services

A Matter of Balance Classes - FREE!

Increase activity, improve strength & balance; learn to prevent/manage falls and identify fall risks!

Fridays, May 4 - June 22, 12:30-2:30

South Euclid Community Center

Registration required (minimum 8 / max 14 required)

Call 216-650-4029

2017 Senior Movie Day

Starring Tuesday Weld in her debut film, Chuck Berry, Alan Freed and his Rock 'n' Roll Band & more!

Wednesday, May 17

Atlas Cinemas Eastgate - 2:00 PM

Movie tickets are FREE and can be obtained through any Community Partnership on Aging lunch or program staff as well as our offices in South Euclid Community Center and Lyndhurst Community Center. Limit 3 tickets per household, please.

This special annual program is offered by CPA in honor of Older Americans Month and the many older adults that we serve.

This year's theme is Age Out Loud. So join us for the movie as well as a special luncheon held at Ross DeJohn Community Center at 12 noon prior to the movie (reservations required for lunch by calling 216-650-4029, no later than Wednesday, May 10). Age Out Loud with CPA!