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Get active and make a difference in the life of those living with diabetes!

**Join the Swim for Diabetes at
Mayfield Heights High School from 2pm – 5pm Saturday, April 27!**

Improve your health while improving someone's life! Diabetes is serious. If poorly controlled it can lead to heart disease, nerve damage, loss of limbs, blindness and even death.

Swimming offers great health benefits to fight diabetes! Individuals of all ages and abilities can participate in the Swim for Diabetes and have the opportunity to earn great prizes. Just by having fun swimming, walking in the water, using a kickboard or even doing water aerobics while fundraising, you are helping Diabetes Partnership of Cleveland offer important services to the growing number of adults, children, and families in our community affected by diabetes. One in every eight Cleveland adults has diabetes; 330,000 people in Cuyahoga County. Proceeds will provide diabetes education and support programs and Camp Ho Mita Koda for children with diabetes. 100% of every dollar you raise stays right here in Northeast Ohio so that those affected by diabetes receive the support they need to live well with the disease.

Check out the details of this year's fun event on www.DiabetesPartnership.org. From this secure web site you can view a complete list of pool locations and prizes, register with your \$15 donation, create your own personal fundraising page to email friends and family for donations, track your fundraising progress and compete for great prizes! You can even make a donation in honor of someone who had or has diabetes. You can also drop by any of the pool sites on the designated days to sign up and participate!

Diabetes Partnership of Cleveland, founded in 1954, is a local and independent nonprofit organization providing life-long programs and services to more than 8,000 children and adults with Type 1 and Type 2 diabetes in Greater Cleveland each year. For more information, please visit www.diabetespartnership.org or call 216-591-0800.

Diabetes Partnership of Cleveland
28th Annual



swim for diabetes

April 26, 27, 28, 2013

Make a splash for yourself or a loved one and support the
1 in 8 people in Northeast Ohio who has diabetes.



Register **NOW** to participate at
www.DiabetesPartnership.org
and get started on earning
your fundraising prize!

sponsored by



www.DiabetesPartnership.org