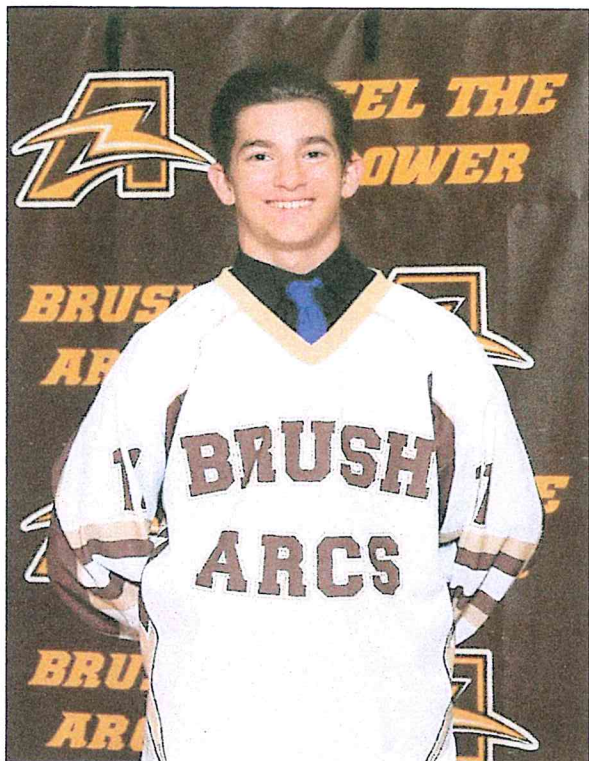


Valentines4Alec

On February 14, 2017, Alec Kornet passed away from Sudden Cardiac Arrest (SCA). We, his family, friends, team, school, and community are still overwhelmed by his loss. We will struggle today ... but we are going to get through ... **Please join us!**



All day we are going to honor, remember and celebrate Alec Kornet by:

... doing random acts of kindness

...smiling while we do them

...and celebrating a life we love

How? Easy ... anyway you want, keeping in mind that this is to honor Alec's kind, loving nature.

...pay for someone's coffee ... donut ... ice cream

...say something nice to someone you don't normally speak to

...walk someone's dog or shovel someone's sidewalk

...leave your mailman a "thank you" note or a chocolate

...pic up someone's fallen books or hold the door open for someone behind you

...call someone you haven't spoken to in a long time

...anything, everything, all of it – to make someone happy – to make someone smile – like Alec did for each of us so often.

Remember to give the recipient a flyer, so they can continue to spread the good will

Then, please – **POST IT and PASS IT ON!!**

Go onto **Face Book** and search **Valentines4Alec** and let us know what you did today to honor and celebrate him. If you want, take a pic and post your act of kindness. Feel free to share a memory of Alec that makes you smile.

Thanks, in advance, to everyone who helps us celebrate a wonderful life! We love you forever, Alec!