

From the Community Partnership On Aging



The CPA Safe at Home Program (SAH) for Fall Prevention and Home Safety

If you are age 60 or over and live in a single-dwelling home in any of the CPA communities (Mayfield Heights, Mayfield Village, Highland Heights, Lyndhurst and South Euclid), call CPA to find out if you are eligible for any component of the Safe at Home Program, including:

- Free Home Environmental Assessment
- Minor Home Modification (such as installation of a shower grab bar)
- Durable Medical Equipment Loan Program

Call CPA at 440-442-2628 for information about or an application for the Safe at Home Program. You can also check with your fire department to ask about a Home Safety Inspection, Carbon Monoxide Detector, Smoke Alarm, or Lock Box.

AARP Driver's Safety Class – Refresh your driver's skills and learn new rules of the road! Two classes are offered at Ross C. DeJohn Community Center in 2016 (sign up for one):

- Wednesday, March 23
- Wednesday, September 21

Class fee is \$15 per person for AARP members or \$20 for non-members (cash or check, payable to AARP). Both classes begin at 10:30, but you should arrive no later than 10:15 to complete paperwork. CPA will offer a hand-prepared box lunch for an additional \$5 per person. You must mention the box lunch when calling (216-650-4029), in order to make your reservation. There is a limit of 25 people for each of these classes.

Accepting Applications

A **limited** number of older residents may have the opportunity for **complex painting and repair jobs** (interior or exterior) or **extensive landscaping** during the summer months. These projects, conducted by volunteers, will be chosen according to priority and financial need. Outreach/Social Workers will first meet with the individuals requesting the assistance.

Please contact **Corinne Dunn, Volunteer Coordinator, at 216-291-3902** for more information about submitting a request which will be **due by Friday, April 15.**

“Pretty in Prints” – an Ursuline College Student Fashion Show and Special Event!

Tuesday, March 29

Ross C. DeJohn Community Center in Mayfield Heights, 6306 Marsol Rd.

\$15 per person, includes dinner

Ursuline College student, Anne-Marie Gurko, presents her line of clothing developed for her Master’s Degree. Ms. Gurko is required to design a line of 30 pieces for her degree, all of which will be presented to you at this event!

Commentated by Ursuline College Fashion Department Chair, Dr. Constance Korosec!

Tickets/reservations are required by calling the CPA Trip Office at 440-473-5138.

Fresh Goods to Go

Fresh Goods to Go is available to income-eligible older adults age 60+ residing in Mayfield Heights, Mayfield Village, Highland Heights, Lyndhurst and South Euclid, and is made possible through a partnership with the Greater Cleveland Food Bank, along with a dedicated group of volunteers who help carry the program out each month! Distribution takes place every third Thursday at South Euclid Community Center, 1370 Victory Dr., with reservations required by the Wednesday of the week prior (for example, January 13 for January 21 distribution). Call 216-650-4029 or stop in to see CPA staff at any lunch location to make a reservation or to find out if you are eligible.

Are you, a friend, a neighbor, or a relative in need of assistance?

Call Community Partnership on Aging to see if we can help! CPA social workers can offer resources on benefits, support in making adjustments to illness, transportation, home health needs, homemaker services and more. Call 216-291-3902 for information or to schedule an appointment.

“Prejudice in Modern America”

Thursday, March 10 at South Euclid Community Center, 1370 Victory Dr. in South Euclid

FREE

The CPA Volunteer Diversity Committee will be sponsoring the Shaker Heights High School Student Group on Race Relations (SGORR). The Shaker Heights High

School Student Group on Race Relations (SGORR) will present a program entitled Prejudice in Modern America which will look at the oppression of minorities in many areas of diversity. It will be very interactive and include both a large-group activity and small group discussions led by the SGORR members.

For more information or to register for the program, please call 216-291-3902. Hope to see you in March!

Save the Date! CPA Spaghetti Dinner

Friday, April 29 at 6:00PM

Highland Heights Community Center, 5827 Highland Rd. in Highland Heights
Join CPA for our first Spaghetti Dinner Event with net proceeds to benefit the needs of residents of the CPA communities of Mayfield Village, Mayfield Heights, Highland Heights, Lyndhurst and South Euclid. We'll have a spaghetti dinner with all the fixin's, specially-prepared by our own Chef Warren, entertainment, raffles and more, all for \$10 per person. Tickets and information are available by calling the CPA Trip Office at 440-473-5138.

AARP Tax Aide Program

In order to receive this free service provided by trained AARP volunteers, **persons 60 and over of low income are given priority**. Tax returns are available by appointment only and limited to simple, ordinary, personal tax returns. Only copies of the e-file returns will be provided.

When coming for your tax appointment, you should be prepared with:

- You must bring all pages of your 2013 tax return with you to your appointment.

- You must bring ALL correspondence from the IRS or amendments to your 2013 tax return to your appointment, even if the issue is resolved.

- You will be asked for **one** of the following pieces of information:

 - A driver's license or state ID

 - Your 2015 Social Security statement

 - Your Social Security Card

It is very important that you be on time for your appointment or cancel if you are unable to keep the appointment.

The Tax Program will be available in all five communities, beginning in in February, for older adult residents. Appointments for residents can be scheduled

now. Appointments for non-residents will be taken on or after Wednesday, **March 2**. When calling for an appointment, please be prepared to provide demographic information. Call 216-291-3902 to schedule.

Dinner 'N' Movie

Wednesday, February 17

4:00 movie (free) at Mayfield Village Reserve Hall Theater followed by dinner (drive and pay on your own) to La Fiesta in Richmond Heights at 6:00 PM. By popular demand, The Beatles' Help! It's a race against time as John, Paul, and George try to protect Ringo, who inadvertently received a cult's sacrificial ring as a gift!

Reservations REQUIRED by calling CPA Trip Office at 440-473-5138.

Upcoming Trips:

- Historic and Ethnic Tour of Cleveland I, Wednesday, March 16, 8:30-5:00, \$69
- Maltz Museum and Lunch, Wednesday, March 23, \$58
- Fantasy Candy private event, Tuesday, April 12, 6:30 PM, \$10 includes presentation and four pairings
- Chesapeake Trails Tour, June (four nights), \$1200
- "Steel Magnolias", Saturday, July 23, matinee and lunch at The Balaton

For information or to make reservations for a trip, please call the CPA Trip Office Mon-Wed from 10:00-3:00 at 440-473-5138

Hillcrest Meals on Wheels is in need of volunteers to deliver meals Monday through Friday during the hours of 11:00 AM and 12:30 PM. If you have a few hours at least one day each week, please consider participating in this worthwhile program! Call Judy Conkling, MOW Program Coordinator, at 440-449-3551.

Community Volunteers Needed!

As we approach the spring and summer months, youth and adults are urgently needed to provide a variety of volunteer services to older adults including yard cleanups, landscaping, and skilled repair jobs. If your group or business would like to participate, now is the time to sign-up! This is a wonderful way to give back to our eldest residents and provide services which they might not otherwise be able

to afford. For further information, please call Corinne Dunn, Volunteer Coordinator, at 216-291-3902, ext. 213.

Would you like to be a CPA volunteer?

If so, you don't need to commit to time every week. There are many opportunities throughout the year, including some special projects, which take place monthly or quarterly. These might include distributing newsletters, making phone calls, teaching a one-time or ongoing class, providing clerical assistance, or sharing a special interest or talent. The satisfaction you will receive in return will be matched by the individuals you are assisting! To learn more, please call Corinne Dunn, Volunteer Coordinator, or stop by our South Euclid office to pick-up the Volunteer Interest Form.



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