

Supporting Us With Pride

City of Highland Heights
City of Lyndhurst
City of Mayfield Heights
City of Richmond Heights
City of South Euclid
Mayfield Village

Great Lakes Billing Associates, Inc.
Highland Heights Garden Club
Hillcrest Hospital
Hillcrest Rotary
Hillcrest Women's Club GFWC
Lee Jewelers
Legacy Village Partners, LLC
University Hospital Richmond Heights
Community Partnership on Aging



Adopt-A-Route Partners

Hillcrest Kiwanis
Hillcrest Rotary
Hillcrest Women's Club GFWC
Great Lakes Billing Associates, Inc.
Skoda Minotti

The Joy of Volunteering



Established in 1983, [Hillcrest Meals on Wheels](#) currently delivers more than 22,000 meals a year in the Hillcrest communities. Volunteers take a special interest in our clients' welfare. They say delivering meals requires so little time and gives so much comfort to those who depend on this service.

"As a volunteer, I find it very rewarding to see the impact our service has on our clients. As a Board Member, I see how important and special our volunteers are."

Esther White, Board Member and Volunteer since 1988.

"My Meals on Wheels route gives me a reason to get going on Monday mornings; and this is my chance to give back to the community."

Terri Koslen, Volunteer since 2004

"Volunteering here 5 mornings a week helps keep me active and my mind sharp."

Sam Rosner, Volunteer since 2004

Adopt-a-Route

Adopt-A-Route was created for Hillcrest area corporations, churches, synagogues, and civic organizations because of an expressed interest in serving their communities.

As the population of clients needing our service increases, our need for volunteers continues to grow. Help us keep this vital community service working in your neighborhood and become an *Adopt-A-Route* partner.

We ask that your group commits to two people one day a week, for approximately one hour, to deliver meals to our clients in the Hillcrest area.

The *Adopt-A-Route* program:

- Provides your organization an opportunity to serve your community
- Gives your organization visibility in the community
- Establishes a year-round spirit of giving for those who lend a hand to help deliver meals
- Gives members a sense of pride for their organization's commitment to community service projects

Hillcrest *Meals on Wheels*



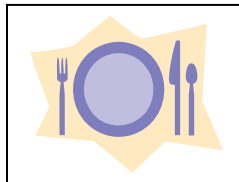
Hillcrest *Meals on Wheels* is a service designed to meet the nutritional needs of homebound, disabled and elderly residents, who are unable to shop or prepare meals.

Meals are delivered Monday through Friday between 11:00 and noon by volunteers. Hillcrest *Meals on Wheels* offers a choice of a hot meal plan with an option of two different supplementary meal plans for a minimal fee.

These meals are prepared under the supervision of Hillcrest Hospital and Aramark Food Services. We can accommodate a basic low sodium diet. Please ask for further information on any specialized dietary needs.

Jane A. Logsdon, LSW
Program Coordinator

Office Telephone
440-449-3551
9:00 am -1:00 pm
Monday - Friday



E-mail: mealsonwheels@lyndhurst-oh.com

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Meals on Wheels

**1341 Parkview Drive
Lyndhurst, Ohio 44124
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Web: www.lyndhurst-oh.com/mealsonwheels

***A Private, Non-Profit
Volunteer-Based Organization***

***Serving
South Euclid, Lyndhurst,
Highland Heights, Mayfield
Heights, Mayfield Village, and
Richmond Heights***